



DISABLED VETERANS NATIONAL FOUNDATION GRANT ENABLES HELIOS WARRIORS TO EXPAND HOLISTIC HEALTH CARE SERVICES TO VETERANS

OCTOBER 24, 2019, ASHEVILLE, NC – Helios Warriors, a 501(c)3 nonprofit organization providing holistic health care and education/career counseling services to veterans and their families, today announced that it has received a grant of \$9,825 from the Disabled Veterans National Foundation.

Helios Warriors will use the funding to add portable, modular room dividers that will allow its largest room to be sub-divided into three separate spaces for therapists to see individual clients, or be used as an open space for clinics and classes. The grant will also fund new equipment, including portable massage tables for Reiki, Healing Touch, massage and chiropractic sessions; zero gravity portable recliners for a community acupuncture clinic; and more.

“We are very grateful to the Disabled Veterans National Foundation for this grant,” said Richard Starkweather, Helios Warriors treasurer and secretary. “It will allow us to quadruple the number of individual clients we can see simultaneously. It also gives us the flexibility to add group services, such as an acupuncture clinic, and Tai Chi and yoga classes to our offerings.”

Joseph Van Fonda (USMC Sgt.Maj. Ret.), CEO of the Disabled Veterans National Foundation said, “We are proud to support Helios Warriors, as they continue to make a positive impact in veterans’ lives. We would like to congratulate and thank them for their commitment to assisting the men and women who served in defense of our country.”

About Helios Warriors

With a mission to help veterans and their families develop and maintain satisfying civilian lives, Helios Warriors’ dedicated team of volunteer professionals provides services that support the physical, mental, emotional, financial and social well-being of their clients. The organization evaluates each veteran’s specific needs, then creates a comprehensive plan that improves their health and coaches them through every step to personal and professional success. Special focus is put on assisting low income and homeless veterans, and no one is ever turned away for lack of funds. The organization was founded a decade ago, and has served over 1,500 clients since its inception. For more information, visit www.helioswarriors.com.

About The Disabled Veterans National Foundation

The Disabled Veterans National Foundation exists to provide critically needed support to disabled and at-risk veterans who leave the military wounded—physically or psychologically—after defending our safety and our freedom. DVNF achieves this mission by:

- Offering direct financial support to veteran organizations that address the unique needs of veterans, and whose missions align with that of the DVNF.

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- Providing supplemental assistance to homeless and low-income veterans through the Health & Comfort program and various empowerment resources.
- Providing an online resource database that allows veterans to navigate the complex process of seeking benefits that they are entitled to as a result of their military service, as well as additional resources they need.
- Serving as a thought leader on critical policy issues within the veteran community and educating the public accordingly.

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